

# **Resistance of Herpes Simplex Virus to Acyclovir**

Guy Boivin MD, MSc, FRCPC

Professor of Microbiology, Université Laval, Quebec City, Canada

Microbiologist and ID Specialist, CHU de Québec

Holder of the Canada Research Chair on Emerging Viruses and  
Antiviral Resistance

# Prevalence of Acyclovir-Resistant HSV Infections

- In immunocompetent individuals:
  - Varies between 0.1% to 0.7%
  - As high as 6.4% in patients with herpetic keratitis
  
- In immunocompromised patients:
  - Varies between 3.5% to 14.0%
  - As high as 36.0% in hematopoietic stem cell transplant recipients

# Clinical Presentation of Acyclovir-Resistant HSV Infections

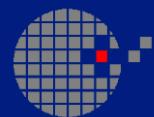
- In AIDS patients:
  - Extensive/prolonged mucocutaneous lesions
  - Usually not associated with visceral and CNS infections
- In other immunocompromised subjects:
  - Persistent and/or disseminated diseases



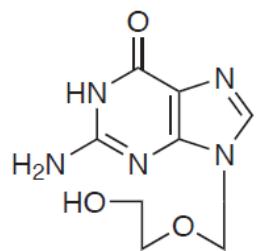
# When to Suspect Acyclovir-Resistant HSV Infections

- Persistence of active lesions for >7-10 days after initiation of ACV, VACV or FCV therapy
- No appreciable decrease in size
- Atypical appearance
- Emergence of satellite lesions

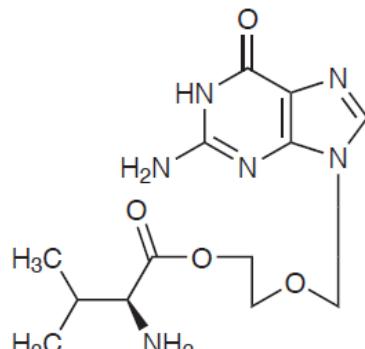
From Piret and Boivin (2016) *Curr. Opin. Infect. Dis.* 29:654.



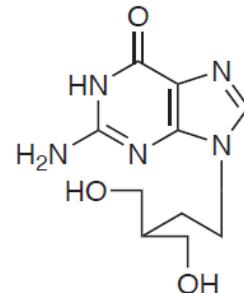
# Antiviral Agents for the Prevention and Treatment of Herpetic Infections



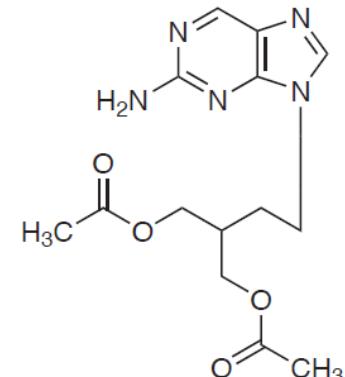
**Acyclovir  
(ACV)**



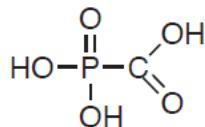
**Valacyclovir  
(VACV)**



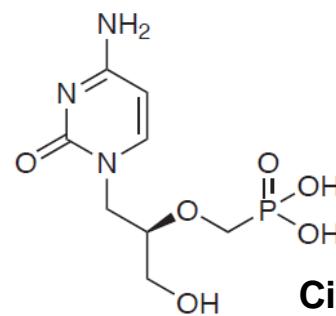
**Penciclovir  
(PCV)**



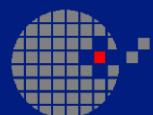
**Famciclovir  
(FCV)**



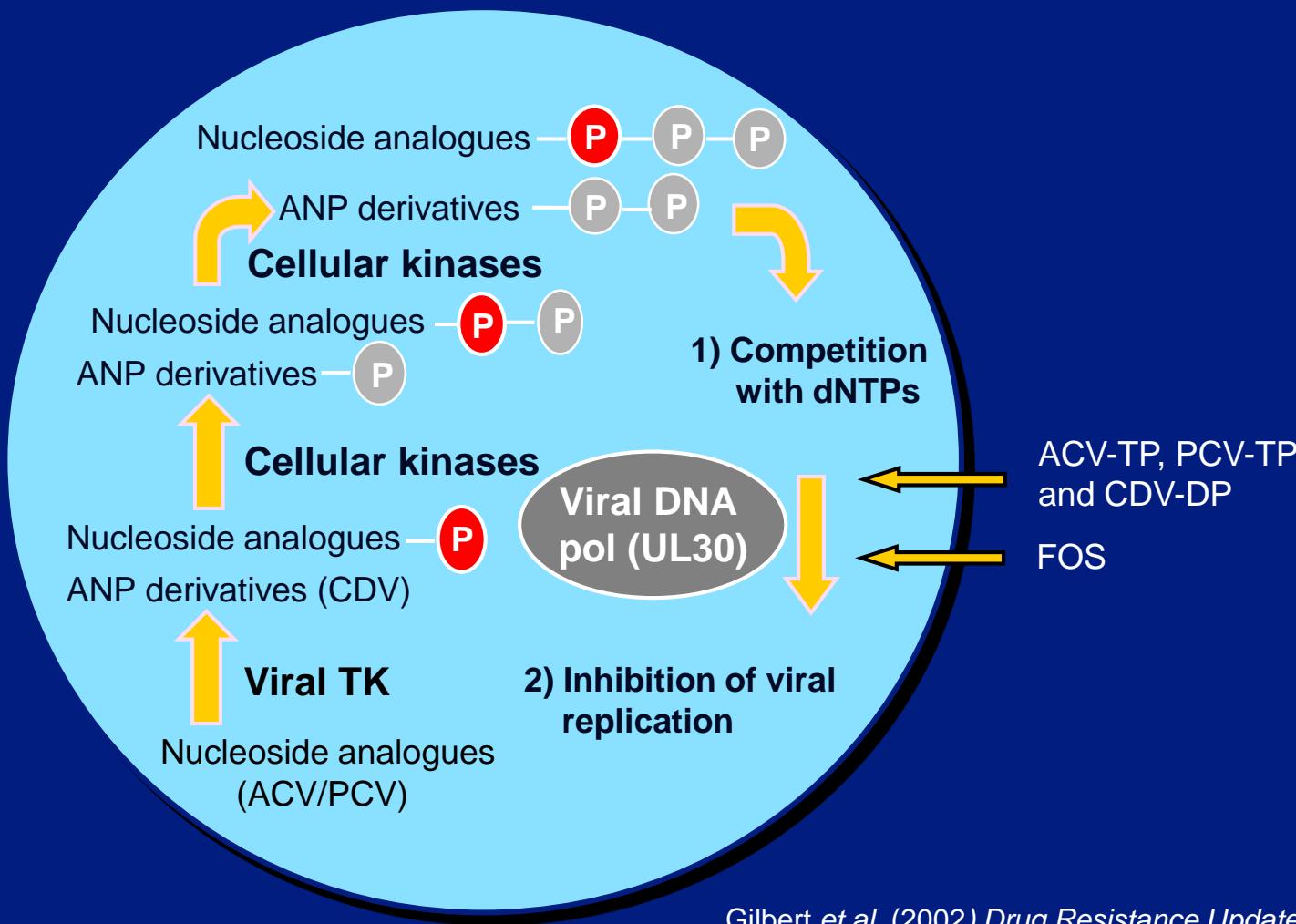
**Foscarnet  
(FOS)**



**Cidofovir  
(CDV)**



# Mechanisms of Action of Anti-HSV Drugs



Gilbert et al. (2002) *Drug Resistance Updates*. 5:88.



# Plaque Reduction Assay (PRA)

Vero cells are infected with HSV (40 PFU/well)



Increasing conc. (serial dilutions) of ACV are added

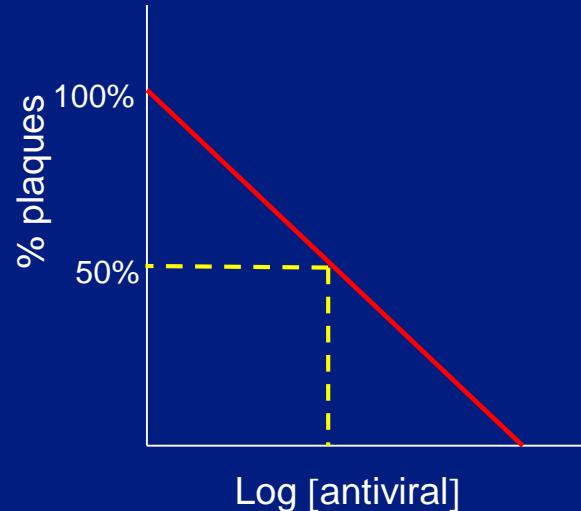


Fixation and staining of cells  
Plaque counting



50% effective concentration (EC<sub>50</sub>) = antiviral concentration that reduces the number of plaques by 50% compared to control

**ACV resistance: EC<sub>50</sub> ≥ 2 µg/mL or 3- to 5-times that of a wild-type reference isolate**



# Typical Plaque Reduction Assay with HSV on Vero Cells



$EC_{50}$  ACV against HSV-2 strain 333 = 1.08 µg/mL



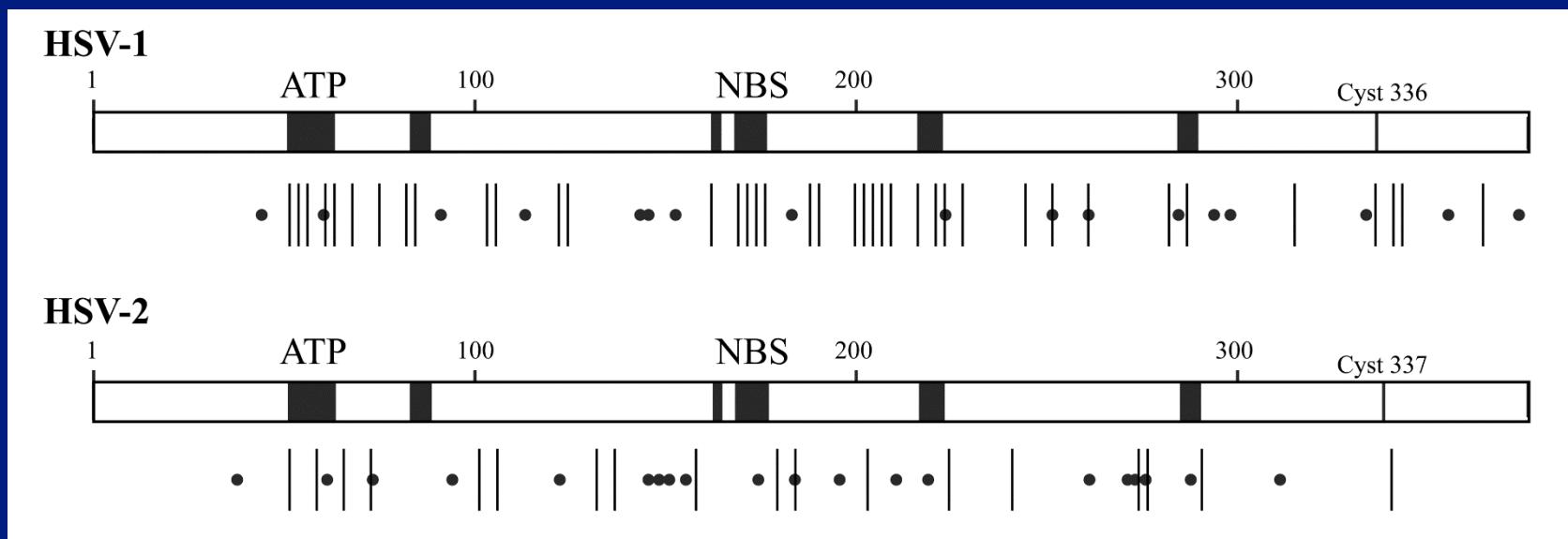
# Mechanisms of HSV-1 and -2 Resistance to Antiviral Agents

- Resistance to ACV:
  - 95% of cases: Mutations in the viral thymidine kinase (TK)
  - 5% of cases: Mutations in the viral DNA polymerase (pol)
- In the viral TK (*UL23* gene):
  - 50% add./del. of nucleotides
  - 50% amino acid changes
  - Resistance to nucleoside analogues only
- In the viral DNA pol (*UL30* gene):
  - Amino acid changes
  - Possibility of cross-resistance between two or all antiviral agents

Gaudreau *et al.* (1998) *J. Infect. Dis.* 178:297.



# Mutations in *UL23* (TK) Genes of HSV-1 and -2 Conferring Resistance to Acyclovir

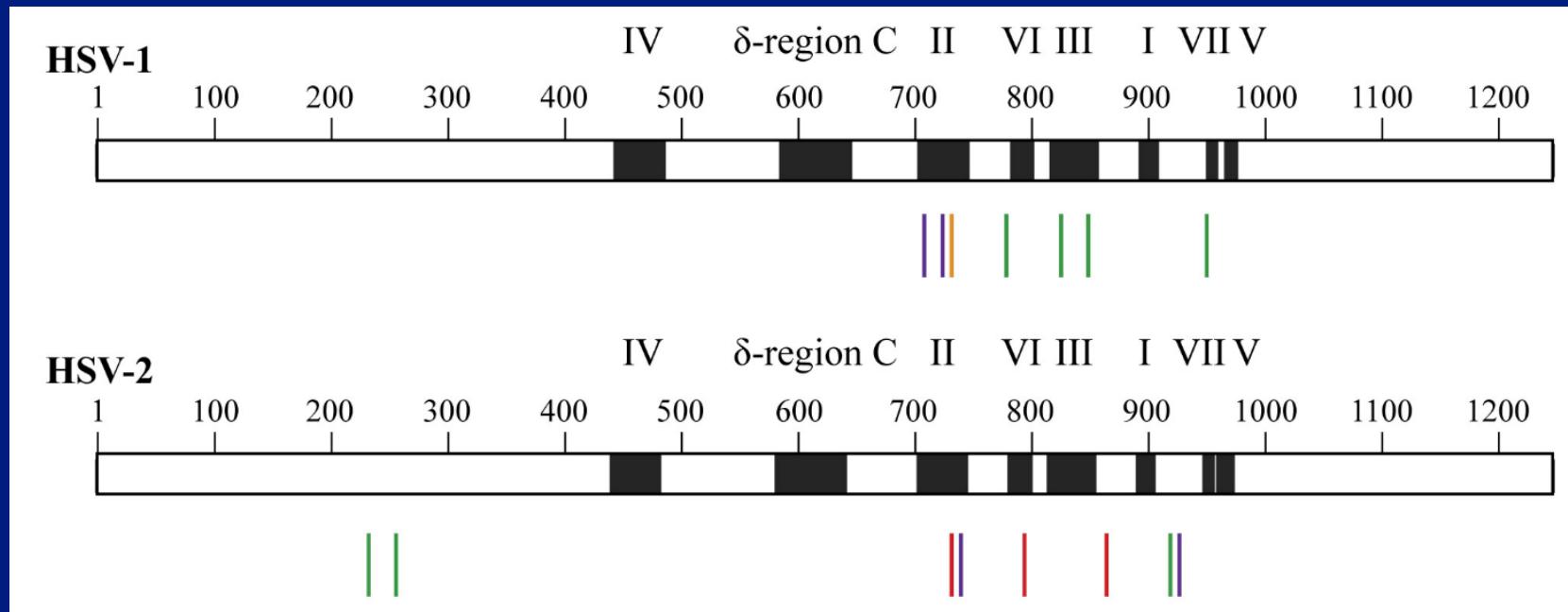


ATP, ATP-binding site; NBS, nucleotide-binding site; Cyst, cysteine.

Bars and dots represent amino acid changes and add./del. of nucleotides, respectively.

Adapted from Piret and Boivin (2014) *Rev. Med. Virol.* 24:186.

# Mutations in *UL30* (DNA pol) Genes of HSV-1 and -2 Conferring Resistance to Antiviral Agents



Conserved regions IV, δ-region C, II, VI, III, I, VII and V are shown.



Adapted from Piret and Boivin (2014) *Rev. Med. Virol.* 24:186.

# Management of Acyclovir-Resistant HSV Infections

- IV FOS (40 mg/kg every 8 hours)
- Continuous infusion of high-dose ACV (1.5 to 2.0 mg/kg per hour)
- IV CDV (5 mg/kg once a week for 3-4 weeks)
- Topical formulations of FOS and CDV (not commercially available)
- Topical formulation of 5% imiquimod, an immunomodulatory drug
- Topical solution of 1% TFT (ophthalmic herpetic infections)



# New Anti-Herpetic Drugs in Clinical Phases of Investigation

- Brincidofovir (CMX001)- Chimerix
  - Lipid ester prodrug of CDV
  - Avoid dose-limiting toxicity of CDV (future uncertain)
- Pritelivir (AIC316)- AiCuris
  - Helicase-primase inhibitor
  - Reduces the rate of genital HSV-2 shedding and days with lesions in a phase II trial (current trial in IC patients)
- Amenavir (ASP2151)- Maruho
  - Helicase-primase inhibitor
  - Phase III clinical trial completed (unpublished)

Hostettler (2010) *Viruses*. 2:2213; Wald *et al.* (2014) *New Engl. J. Med.* 370:201;  
Chono *et al.* (2010) *J. Antimicrob. Chemother.* 65:1733.



# Proposed Algorithm for the Management of Drug-Resistant HSV Infections (1/2)

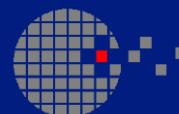
Suspect drug resistance if HSV lesions persist for 7-10 days despite high doses of oral ACV, VACV or FCV especially in immunocompromised patients

Initiate high dose IV ACV  
(10 mg/kg every 8 hours)

If no improvement of HSV disease after 7 days

High dose oral  
ACV = 800 mg 5 times a day  
VACV = 1000 mg TID  
FCV = 500 mg TID

Adapted from Piret and Boivin (2016) *Curr. Opin. Infect. Dis.* 29:654.



# Proposed Algorithm for the Management of Drug-Resistant HSV Infections (2/2)

